

- 8:30 am **Welcome: *Elizabeth King, AHHA Vice President of Operations***
- 8:45 - 9:15 **What are the most pressing workforce issues in Alaska today?**
In table groups, attendees introduce themselves and share their most pressing workforce issue and an innovative strategy or solution they are interested in exploring. These thoughts will be captured on sticky notes to share with the full group.
- 9:15 - 11:15 **Keynote Presentation & Workshop:**
Workforce Well-being: A Holistic Approach to Supporting Our Workforce
[Jake Van Epps - Resiliency Center, University of Utah Health](#)
In the demanding world of healthcare, maintaining occupational well-being is more critical than ever. Dr. Van Epps will discuss the multifaceted nature of burnout and introduce a holistic, organization-wide approach to fostering a thriving workforce. Drawing from established frameworks like the Job Demands-Resources Theory and the Stanford Model of Occupational Well-being, he will delve into practical strategies for mitigating burnout by addressing its systemic roots.

This is more than just a presentation; it's a call to action for creating a culture of wellness and psychological safety in our healthcare systems. You will leave with a deeper understanding of how to build resilient teams, enhance workplace efficiency, and promote a supportive environment where every member can find joy in their work.
- 11:15 - 11:30 **Break**
- 11:30 - 12:30 **Pathways Panel Discussion - Career Ladders & Apprenticeships**
Panel members will share examples of career ladders, apprenticeship programs, and education/training pathways offered in partnership with academic institutions in place in their facilities. They will discuss how these programs were developed, what challenges or obstacles needed to be overcome, and will solicit from the audience additional examples of pathways in place for staff to grow their careers while remaining employed.
- 12:30 - 1:30 **Lunch & Gallery Walk to review key issues/strategies from the morning activity**
- 1:30 - 2:15 **Partner Lightning Round Presentations**
 - Gloria Burnett, Center for Rural Health & Health Workforce
CACHE & IPCE Accreditation
 - Nyabony Gat, Alaska Literacy Program
Integration of Community Health Workers
 - Jacqueline Summers & Mari Selle, Alaska Workforce Alliance
Resurrecting the Healthcare Workforce Coalition

2:15 - 2:30 **Break**

2:30 - 3:45 **Table Topic Conversations – Pipeline**

After short presentations to orient attendees to the discussion content of each table, people will select to visit 3 tables for 15 minutes of conversation on topics related to the workforce pipeline. Potential topics include:

- K-12 programs and working with school districts
- Summer/school break internship opportunities
- School Ambassadors & working with HOSA chapters
- Hiring and job shadow opportunities for minors (under 18)
- Local outreach campaign strategies

3:45 - 4:30 **Wrap Up**

In table groups attendees will discuss one or more of these questions and will then share with the whole group their key thoughts or plans of action.

- What key idea or strategy resonates from today? Has anything heard today prompted you to want to do something different or new at your facility/program?
- How might you collaborate with other facilities and stakeholders to move forward on action related to workforce pipeline, pathways, or protection?
- What is on your mind that was not discussed today?
- What follow up or support can AHHA provide to its members or partners?